



ND

REMINDER TO ALL HEALTH CLUB CREDIT PROGRAM PARTICIPANTS:



In order to receive Health Club Credit in 2018, you must complete the annual authorization for release of information for wellness programs.

- The annual authorization can be completed after January 1, 2018 and must be completed by October 31, 2018 in order to be valid for 2018 visits.
- Visits occurring prior to November 1, 2017 can no longer be processed for credit.

If you are also eligible for the HealthyBlue program:

- The authorization is available online.
- Be sure to complete the annual health assessment by logging into www.HealthyBlueND.com.

If you are not eligible for the HealthyBlue program:

- You must obtain and complete the 2018 paper authorization form from your employer.
- Your employer will submit the completed authorization to BCBSND.

Please note, any credits earned through the Health Club Credit program will be reported back to your employer as they are considered to be taxable wages subject to employment taxes and paycheck withholding.

If you have questions regarding your eligibility for either program, please contact the number on the back of your health plan ID card.



BlueElements



The six health dimensions that affect well-being